

Music!  
Support Your Community!  
Finish Line Refreshments!

# Abington Police

Beat the Beat Cop!  
Finish in front of the 1<sup>st</sup>  
Abington Police Officer and  
get a reward  
(Limit 25 and subject to change)

5K RUN/Walk

## Community Partners 5K



**Date:** 5/16/15



**Start Time:** 9:00 a.m. (*Children's Fun Run @ 8:30 a.m.*)

**Start / Finish:** Abington Police Station, 215 Central Street, Abington

**Entry Fee:** \$20.00 5K, Children's Fun Run is Free

**Proceeds to benefit local causes!**

Commemorative T-shirts to the first 175 entrants!

*Course is a flat, fast 5K (3.1 miles) figure eight loop through the streets of Abington, Mt. Vernon Cemetery and around picturesque Island Grove Pond. There will be a .6 mile children's fun run (8 yrs old and younger) prior to the 5K so bring the family!*

**\*\*Pre-register on-line prior to May 1<sup>st</sup> and get DISCOUNTS\*\***

**Awards:**

Children's Fun Run medals for all finishers. "go kids"

5K Top 3 overall male and female, and top 3 male and female finisher in each age category.

Award to the 1<sup>st</sup> Abington Resident M/F

TEAM COMPETITION Go to [www.abingtonpolice.org](http://www.abingtonpolice.org) for more information FUN!!!

Make Checks Payable to: Community Partners 5K

Mail Application to: Community Partners Run, 215 Central St., Abington MA 02351

Course route and elevation is linked online @: [www.abingtonpolice.org](http://www.abingtonpolice.org)

Print an entry form @: [www.abingtonpolice.org](http://www.abingtonpolice.org) Email questions to Deputy Chief Cutter at [ccutter@abingtonpolice.org](mailto:ccutter@abingtonpolice.org)

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Sex: M F Shirt Size S M L XL (**FIRST 175 ONLY**)

Email \_\_\_\_\_

Address: \_\_\_\_\_ Town: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

\$20 Fee  Free Children's Run Donation \$ \_\_\_\_\_

**TEAM NAME** \_\_\_\_\_ **\$40 PER TEAM**

IN CONSIDERATION OF MY BEING A REGISTERED ENTRANT IN THIS 3.1 /.6 MILE RACE/Walk HOSTED BY THE ABINGTON POLICE DEPARTMENT, THE UNDERSIGNED DOES HEREBY AGREE TO ASSUME ALL RISK OF HARM, INJURY OR LOSS OF WHATEVER NATURE RESULTING IN SAID EVENT AND RELEASE, REMISE, DISCHARGE, AND FOREVER HOLD HARMLESS THE ABINGTON POLICE DEPARTMENT, THE TOWN OF ABINGTON, AND ALL SPONSORS, VOLUNTERS OR CONTRIBUTORS AGENTS ASSOCIATED WITH THIS EVENT, FROM ANY CLAIMS WHICH MIGHT ARISE FROM MY PARTICIPATION IN SAID EVENT OR FROM TRAVELING TO OR RETURNING THEREFROM.

**EMERGENCY CONTACT #** ( ) \_\_\_\_\_ - \_\_\_\_\_ **name** \_\_\_\_\_

**Signature** (guardian if under 18) \_\_\_\_\_ **Date:** \_\_\_\_\_